# A Comparative Study of Steinberg's and Snow & Hoefnagel-Höhle's Research on Second Language Acquisition

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# Abstract

This study compares two significant contributions to second language acquisition research: Steinberg's (1993) theoretical framework and Snow and Hoefnagel-Höhle's (1978) empirical study. The main objective of this comparison is to explore how age influences the success of second language learning and to examine critical factors that affect language acquisition across different age groups. Steinberg's work focuses on the psychological and cognitive dimensions of language learning, emphasizing the role of memory, intellectual capacity, and motor skills. He argues that while younger learners tend to excel in vocabulary acquisition and pronunciation due to their greater cognitive flexibility and memory retention, adults often outperform children in understanding complex grammatical structures, particularly in formal classroom settings where analytical thinking is key. On the other hand, Snow and Hoefnagel-Höhle challenge the Critical Period Hypothesis (CPH), which suggests an optimal age for acquiring a second language. Their empirical study provides evidence that older learners, especially those aged 12-15, can surpass younger children in several linguistic areas, including syntax, morphology, and vocabulary comprehension. Their study followed learners in a naturalistic, immersive environment, where language acquisition occurred through interaction rather than formal instruction. Snow and Hoefnagel-Höhle's research highlights that older learners can make faster progress, especially with consistent exposure to the language, suggesting that age alone is not the determining factor in language acquisition success. Through an extensive literature review and thematic analysis, this study evaluates the methodologies, participant profiles, language components (such as pronunciation, grammar, and fluency), and the cognitive and environmental factors considered in both Steinberg's and Snow and Hoefnagel-Höhle's research. The findings reveal that while age plays a significant role, other factors such as motivation, exposure, learning environment, and cognitive strategies are equally critical. This comparative study provides deeper insights into the complexities of second language acquisition, contributing to the broader understanding of how various factors interact in the language learning process across different age groups.

*Keywords:* Second Language Acquisition, Critical Period Hypothesis (CPH), Age and Language Learning, Cognitive Factors in Language Acquisition.

### 1. Introduction

Despite the widespread studies on language acquisition and the numerous factors affecting it, such as motivation, age, environmental conditions, and cognitive abilities, there remains no conclusion on the topic. Researchers have examined the differences between adults and children, the effects of formal versus naturalistic learning environments, and the role of neuroplasticity, yet findings often vary or conflict based on the context. While some theories, like the Critical Period Hypothesis, suggest a biological window for optimal language learning, others underscore the importance of the learner's factors, leaving the argument on when and how language is best acquired unsettled.

According to Major (2014), individuals are believed to have a greater capacity for language acquisition during childhood. Some researchers suggest that if this ability is not utilized early in life, it may diminish as individuals grow older. Language learning skills can remain strong throughout adulthood if individuals continue to practice. This has led to the general belief that children are better at acquiring a 2<sup>nd</sup> language, a view mostly supported by observation of how quickly they might learn other languages through daily practices, without formal instruction. Additionally, Oroji and Ghane (2014) note that young learners often excel in grammar and fluency.

Introduced by Lenneberg in 1967, the critical period hypothesis (CPH) proposes that language acquisition essentially happens within a definite timeframe that ends around adolescence, when the cognitive functions are optimized. This hypothesis suggests that language learning after this critical period will include processes different than those used in 1st language acquisition. A widespread concept, which is considered an extension of the CPH, is that language learning after puberty tends to be slower and less effective in comparison to natural 1<sup>st</sup> language learning (Scovel, 1969; Lenneberg, 1967; Krashen, 1975). This theory aligns with the belief that children acquire languages naturally since they may benefit from this critical period, while adults are more likely to face challenges in achieving the same level of proficiency.

However, in terms of age-related differences, research on acquiring proficiency in pronunciation in a second language yields mixed findings. For instance, Seliger, Krashen, and Ladefoged (1975) and Fathman (1975) claim that the learners' pronunciation skills are negatively affected by age. Nevertheless, Seliger et al. (1975) also note some postpubertal

learners who achieved native-like pronunciation in their 2<sup>nd</sup> language, along with instances of prepubertal learners who continued to have obvious foreign accents. This demonstrates the intricate nature of language acquisition and underpins the notion that while children generally have an advantage, there are exceptions that challenge the notion that age alone determines success in learning a 2<sup>nd</sup> language.

The current study focuses on comparing different viewpoints and findings concerning 2<sup>nd</sup> language acquisition, specifically the role of age in determining the success of this process. Precisely, it explores how Snow and Hoefnagel-Höhle's and Steinberg's research contribute to the ongoing debate about whether children are intrinsically better at learning a 2<sup>nd</sup> language in comparison to adults. Both Steinberg's and Snow and Hoefnagel-Höhle's researches are insightful since they provide distinctive perspectives on the role of age in 2<sup>nd</sup> language learning, as they approach the subject from different angles. The study aims to analyze these two bodies of research to understand the influence of factors such as fluency, pronunciation, and grammar, in addition to how the Critical Period Hypothesis (CPH) and other cognitive factors affect language learning outcomes for different age groups. By doing so, the research sheds light on the intricacies of language acquisition and scrutinizes whether age is the major factor or just one part of an extensive set of elements based on Steinberg's and Snow and Hoefnagel-Höhle's researches.

### **1.1 Significance of the Study**

The significance of this comparative study lies in its potential to deepen our understanding of second language acquisition by exploring how age, cognitive factors, and learning environments influence language learning success. By examining Steinberg's theoretical insights alongside Snow and Hoefnagel-Höhle's empirical findings, this research can provide a more nuanced perspective on whether children truly have an advantage over adults in acquiring a second language. The study also contributes to ongoing debates around the Critical Period Hypothesis, shedding light on the role of motivation, memory, and external factors in language learning at different stages of life. Ultimately, the findings provide new insights into SLA theory and its practical applications in language education, offering valuable implications for educators, language learners, and researchers and helping to inform teaching strategies and learning approaches tailored to different age groups.

### 2. Literature Review

### 2.1 Second Language Acquisition (SLA) Key Theories and Concepts

Second Language Acquisition (SLA) refers to how individuals acquire a second language other than their native one. SLA has taken up considerable space in research, particularly studies concerned with humans acquiring a second language and their ability to achieve a certain level of proficiency in what has come to be known as the target language. SLA theories involve several theoretical frameworks that help explain the process of developing a language. A brief overview of the literature on such theories is essential for understanding the foundational principles of Steinberg's and Snow and Hoefnagel-Höhle's studies.

Broad (2020) examines key second-language acquisition theories, encompassing Behaviorism, Innatism, and Interactionism, among others. The Behaviorist theory stresses imitation and reinforcement. The Innatist theory advocates that language acquisition is achieved through innate biological structures. The Interactionist theory combines innate factors and environmental ones. The author also critiques the strengths and weaknesses of established models, including Krashen's Monitor Model, and underscores the interactions between internal and external factors. Broad's findings highlight the complex nature of second language acquisition, emphasizing the importance of integrating insights from various theories and considering the multiple internal and external factors that influence the process of learning a second language.

Similarly, Song (2018) agrees with Broad (2020) and the current research, emphasizing the complexities in second language acquisition. For Song, this process is impacted by the interplay of various strands, including linguistic, social, psycholinguistic, and intercultural ones, discussing the interference of the native language in the process. Song (2018) discusses several SLA theories and concepts, stressing the necessity to account for multiple theoretical perspectives: Behaviorism is an early theory that emphasizes learning through imitation and repetition. Error Analysis is an approach whereby learners' errors are explored; Interlanguage is a concept that designates the evolution of the language learning

process and is related to learners' cognitive operations; Native Language Influence analyses the interference of the first language in the learning process; and finally, Cognitive Perspectives explore learners' mental activities in language learning.

Escamilla and Gassi (2000) concentrate on two theories, namely Nativist Theory and Environmentalist Theory. The Nativist Theory suggests that children have an inherent ability to learn and master new languages, highlighting the linguistic characteristics that give children an advantage in language acquisition. The Environmentalist Theory accounts for psychological and social factors that are crucial in the language learning process, in addition to the linguistic ones. The authors conclude that second-language learning arises from a holistic understanding of the principles inherent in both theories.

### 2.2 Methodological Approaches

The current paper compares the research methods of Steinberg's study with those of Snow and Hoefnagel-Höhle. SLA research encompasses the qualitative, theoretical approach, like Steinberg's, which highlights learners' subjective experiences and social contexts. It also includes empirical, data-driven studies, like Snow and Hoefnagel-Höhle's.

Qualitative frameworks in SLA research account for the social context and affective factors involved in the process. One prominent example in SLA research is that of Krashen. Krashen's Input Theory includes five hypotheses, particularly highlighting the Affective Filter Hypothesis, which emphasizes the importance of social and emotional factors in language learning. Pauzan (2024) analyzes Krashen's theories, employing a qualitative framework. The qualitative nature of Pausan's work stems from its concentration on theoretical frameworks at the expense of numerical and statistical data. Furthermore, the author analyses the literature on the topic from various sources, including Krashen's previous work in the field. Pauzan (2024) also includes the results of interviews conducted with experts and academics, gathering their insights and examining their views. Then the author thematically analyses key concepts and crucial data, giving an in-depth understanding of Krashen's theory and its implications in language teaching and learning. Pauzan's (2024) work underscores the significance of the qualitative framework in analyzing the influence of the social context and affective factors in the SLA process. The

author's critique of Krashen's Affective Filter Hypothesis, its disregard for individual learner differences, and the author's emphasis on motivation and anxiety as crucial elements in the process indicate the affiliation of the qualitative framework with social and affective components. Pauzan's study (2024) examines Krashen's established second-language acquisition theories, using a qualitative approach and incorporating expert opinions and literature analysis.

In addition to accounting for the social and affective factors involved in language acquisition, a qualitative framework further draws on cognitive aspects, where learning is seen as an active process that depends on learners' prior knowledge. Kılıçoglu (2018) posits that qualitative research offers deeper insights into the mental processes and experiences of learners and into the way they construct and apply knowledge in different contexts. The author asserts that educational researchers employ focus groups and methods to gain insights into how knowledge is constructed within educational environments. Kılıçoglu's study focuses on the importance of a well-structured research design as well as appropriate verbal and non-verbal data in qualitative research; such data is obtained from the observation and analysis of situations in the natural environments of learners.

Empirical studies are generally distinguished by their accuracy and efficacy, involving data collection over a certain period and observing patterns and trends in second language acquisition. Chen (2018) asserts the importance of data-driven methodologies in SLA contexts. Hagiwara and Tanner (2024) aim to record the dynamism inherent in acquiring a second language and eventually improve educational practices. They conducted what they named Project MOSLA, a two-year longitudinal SLA study, and intended to capture every moment of second language acquisition through online instruction. MOSLA focuses on three target languages: Chinese, Arabic, and Spanish, furnishing a considerable amount of data to be analyzed. The project's relatively long period allowed the researchers to observe and then analyze how the acquisition of a second language evolves over a specific timeframe.

#### 2.3 SLA and Age

The debate regarding the connection between second language acquisition (SLA) and age has been ongoing since the development of SLA theories. Researchers continue to analyze the various factors that influence this process, with age being either a primary factor in such a process or one among several others.

In theories of second language acquisition, CPH argues for children's superior ability to acquire a new language due to specific cognitive features that harden as younger individuals reach adulthood. Singleton and Lengyel (1995) concentrate mainly on pronunciation in their research. They suggest that young learners are more likely to develop a native-like accent than older learners. However, older learners can still achieve a significant level of proficiency in the target language and may excel in aspects other than pronunciation. Therefore, according to the authors and in contradiction to the principles of the CPH, age is not the predominant factor in language acquisition and learning. The focus of their discussion shifts from the importance of age to account for individual differences and the appropriateness and diversity of teaching methods in learning a second language.

Crosby (2015) supports the Critical Period Hypothesis's claims of the superior ability of younger learners in language acquisition but acknowledges its limitations regarding second language learning. Crosby asserts that while such superiority may well apply to first language acquisition, it cannot be generalized to the acquisition of a second language. This is due to the more voluntary processes involved in learning a second language, especially regarding various skills such as vocabulary, grammar, and usage. Overall, Crosby supports the Critical Period Hypothesis and recognizes its importance in educational practices whereby better performance in language is affiliated with specific age groups, especially concerning the aspect of pronunciation. However, he also admits to the complexities ingrained in SLA and the dangers of extending CPH's claims to skills beyond the phonetic ones.

### 2.4 Individual Learner Differences

Individual learner differences refer to the characteristics, skills, experiences, and the sort of exposure that distinguish learners from each other. Individual learner differences encompass a set of factors that directly impact the process of second language acquisition. These factors are either internal, such as learners' cognitive abilities, their level of motivation or lack thereof, and the influence of the first language on their learning. On the other hand, external factors incorporate the environmental and contextual ones that support or hinder the language learning process.

Various cognitive factors directly impact the way humans acquire a second language. Memory is one of the most crucial factors, as it is essential in processing and retaining linguistic input. Sagarra (2012) emphasizes the importance of working memory in language acquisition and the context of cognitive science on a much larger scale. According to the author, gaining deeper insights into the role of working memory and its connection to language acquisition impacts the teaching practices of the second language. Moreover, Sagarra (2012) underscores the relationship between working memory and attention and the importance of such a relationship in language learning. The author argues that a learner's ability to prioritize or ignore input from their immediate environment depends on the capacity of their working memory to manage this input. Sagarra concludes that the importance of memory in L2 acquisition is directly linked to its role in controlling attention, which is necessary for language learning. Deák and Wiseheart (2015) discuss cognitive flexibility in young children and whether it is a general attribute or related to a limited task. Cognitive flexibility can be defined as the individuals' ability to modify their behavior and thoughts depending on a task present in their environment. The authors suggest that cognitive flexibility in young learners is tied to specific tasks, yet it develops with age and experience. Hence the need arises for instructional methods that enhance this ability during the language learning process.

Besides memory, motivation is crucial for learners, constituting the reason behind their willingness to face challenges and maintain persistence in the learning process. Binalet and Guerra (2014) acknowledge that motivation plays a role in language learning; however, they conclude that it has a secondary importance in achieving language learning success. In their research, the authors employed a questionnaire followed by a grammaticality judgment test to evaluate learners' motivational levels. Variable factors that impacted those levels included socioeconomic status, gender, and learners' perceptions of the learning tasks.

The external factors that affect SLA include environmental ones. In the process of second language acquisition, the learning environment can create contexts that can either support or prevent language learning, depending on the level and quality of exposure to the target language. Reyhmer (2003) discusses language immersion, a teaching method that puts learners in direct contact with the target language in a natural context, becoming submerged in it. Immersion started in Quebec in the 1960s to teach French to English-speaking students, showing more efficacy than traditional teaching methods. It has become a popular method, due to its advantages in promoting second language acquisition, language learning success, and cultural understanding among learners while keeping fluency in their first language intact.

Directly linked to immersion is social exchange, another environmental factor that influences the process of second language acquisition. Bluestone (2009) posits that language use, in its nature, involves interaction in a social context. Social exchange offers learners the chance to be exposed to language use and feedback in authentic situations. The author emphasizes that second language acquisition must consider the various personal and sociocultural factors involved. One aspect of such recognition is the cultural identity of learners. Sumaryono and Ortiz (2004) support cultural sensitivity and inclusivity for learners of English, stressing the need to acknowledge diverse cultural identities. This leads to establishing positive connections in the classroom, contributing to a nurturing learning environment that promotes the learners' sense of worth and, ultimately, academic achievements. The combination of the aforementioned environmental factors contributes to the discussion on the intricate exchange among these factors should second language acquisition be successful.

Overall, the current research will try to fill the gaps in the literature review outlined above, comparing the findings of Steinberg's and Snow and Hoefnagel-Höhle's studies. This comparative study offers a broader perspective on the methodologies used to analyze second language acquisition issues. It supports Kılıçoglu's (2018) assertion that qualitative methods can be applied in educational research, and their combination with empirical approaches provides profound insights into SLA research. In the same context, a more thorough understanding of SLA dynamics can be developed by comparing the findings

from Hagiwara and Tanner's study, for instance, with those of Snow and Hoefnagel-Höhle's. Overall, this research contributes to the available literature on qualitative and empirical studies by comparing different methodologies.

When it comes to the thorny issue of age in SLA, the research accounts for the different perspectives on the importance of age and the differences in how children and adults learn a new language. For example, Singleton and Lengyel's (1995) study critiques the Critical Period Hypothesis (CPH), intersecting with Snow and Hoefnagel-Höhle's work. Consequently, the comparative study of Steinberg's and Snow and Hoefnagel-Höhle's research on second language acquisition (SLA) can fill the gap in the literature related to age, SLA, and the Critical Period Hypothesis. By investigating different theoretical frameworks, this study broadens the scope of SLA research. It extends the findings beyond phonetic factors and their relation to age, drawing on other language skills and subskills where age is not the overriding factor but one among many influencers of the acquisition process.

Finally, the studies conducted by Steinberg on one side and Snow and Hoefnagel-Höhle on the other both acknowledge the importance of the differences among learners and that no learner is the same as the other regardless of the apparent similarities. The comparative approach adopted in this paper combines the perspectives of these researchers, providing a deeper understanding of the complexity of second language acquisition. This study adds to Sagarra's (2012) and Deák and Wiseheart's (2015) findings by elaborating on the differences between young learners and adults regarding cognitive abilities and the latter group's superiority in specific language subskills. Moreover, through its comparison of the factors that impact second language learning, the current study adds to Binalet and Guerra's (2014) findings by examining other internal and external factors that affect language acquisition. The literature review outlined above underscores the importance of one or two specific factors, whether internal or external, highlighting the absence of amalgamating both the internal and external elements that impact the SLA process. This comparative study investigates multiple perspectives on second language acquisition, demonstrating how the different approaches of Steinberg's study and Snow and Hoefnagel-Höhle's study consider internal factors, in addition to external ones. Ultimately, the current research underlines the intricacies involved in second language acquisition.

# 3. Research Methodology

# 3.1 Research Design

A comparative library research design is employed in the current study to analyze and synthesize the findings and methodologies of Steinberg's (1993) research and Snow and Hoefnagel-Höhle's (1978) empirical study on second language acquisition. This qualitative research design involves a comprehensive review of existing literature, focusing on the relationship between age and second language acquisition. The methodology is designed to critically examine and compare the approaches and findings of these two studies, evaluating how each of the two pieces of research addresses the effect of age on language learning and other factors that might influence language acquisition, including cognitive abilities, learning strategies, and environmental context.

### 3.2 Sources of Data

The primary sources for this study are:

- Steinberg's (1993) research on cognitive and psychological factors in second language acquisition;
- Snow and Hoefnagel-Höhle's (1978) study on the Critical Period Hypothesis and its implications for second language acquisition.

Additional scholarly articles and reviews that critique or even cite the work of Steinberg and Snow and Hoefnagel-Höhle are also reviewed to provide an extensive understanding of both types of research. Thus, works that discuss the cognitive factors in language learning, the Critical Period Hypothesis, and studies on language acquisition across different age groups are also accounted for.

# 3.3 Comparative Analysis Framework

A thematic analysis framework is used in this study to compare the two studies based on the following criteria:

- *Research Design and Methodology:* It scans the approaches utilized by both researchers, including methods of data collection and testing procedures.
- *Participant Profiles:* It scrutinizes the different age groups studied and other characteristics of the participants in each research study.
- Language Components Examined: It identifies the aspects of language assessed (e.g., pronunciation, fluency, grammar).
- *Cognitive and Environmental Factors:* It takes into consideration the internal (psychological) and external (social) factors highlighted in each study and their relation to successful language acquisition.
- *Conclusion and Discussion:* It compares the conclusions drawn by each study, emphasizing the effect of age on language acquisition as highlighted in both studies.

# 4. Comparing Steinberg's and Snow & Hoefnagel-Höhle's studies

# 4.1 Research Design and Methodology:

# 4.1.1 Steinberg's Research (1993)

Steinberg's study is mainly qualitative research, relying on the existing literature and observations to explore language acquisition differences between different age groups, children and adults. He focuses on the internal (psychological/mental) and external (social) factors influencing language acquisition of both age groups. His study focuses on the role of cognitive processes such as intellectual abilities and memory in mastering second languages. His work examines natural/informal (social) acquisition as well as formal classroom-based learning. His qualitative analysis provides a descriptive overview of second language acquisition processes.

# 4.1.2 Snow & Hoefnagel-Höhle's Research (1978)

Snow and Hoefnagel-Höhle's research is a comprehensive longitudinal experimental research that examines the acquisition of the Dutch language by English speakers of different ages over a year. Their study explores the effects of age on second language learning, particularly in the context of Dutch language acquisition. Their robust methodology involves multiple tests which assess the different aspects of language proficiency. These tests evaluate several language skills, including pronunciation, vocabulary, comprehension, and sentence repetition, which provide a well-rounded assessment of the participants' learning abilities. The assessments of various language skills are done at three different time intervals during the first year of the learners' language exposure. This allows the researchers to track changes or progress over the one-year time interval drawing comparisons between the different age groups.

#### 4.2 Age and Language Acquisition

#### 4.2.1 Steinberg's Research

Steinberg's study underscores the fact that even though age plays an important role in 2<sup>nd</sup> language acquisition, it is not the only determinant of its success. He emphasizes the notion that younger learners often possess cognitive flexibility and larger memory capacity, which can be valuable in acquiring any new language. However, this does not ensure that children learn languages better than adults. Steinberg argues that other than age, factors such as the influence of the first language, motivation, and the learning environment are critical in determining the success of the language learning process. Even though adults have surpassed the critical period for language acquisition, they can still excel over children in specific contexts, especially in structured learning environments where their advanced analytical and cognitive skills enable them to master complex grammatical structures more effectively.

The study examines three main age groups: children under 7, children between 7-12, and adults over 12. Steinberg stresses the differences in cognitive and motor skills across these age ranges, emphasizing that intellectual capacity, memory, and motor abilities also affect language acquisition at different phases of life. While younger children may find it easier to acquire vocabulary due to better memory retention, adults benefit from more developed

intellectual abilities that enable them to approach language learning with a deeper understanding of structure and grammar. His research suggests that although age influences language learning, there are other vital factors such as motivation, cognitive development, and the learning context, which, in addition to age, shape the success of second language acquisition at any stage of life.

### 4.2.2 Snow & Hoefnagel-Höhle's Research

Snow and Hoefnagel-Höhle's study provides experimental evidence that directly challenges the Critical Period Hypothesis (CPH), which suggests that younger children have a superior ability in second language acquisition than older ones. Their research proves that older children and adults can outperform younger children in several linguistic areas, particularly morphology, vocabulary acquisition, and syntax. Contrary to the widespread belief that younger children acquire languages more quickly, their study reveals that children aged 3-5 score the lowest on most linguistic tasks, while the 12-15 age group shows the fastest and most consistent progress. This suggests that although younger learners may be better at achieving native-like pronunciation, older learners, specifically adolescents, can excel in other major areas of language learning, such as grammar and syntax, indicating that the ability of younger learners to acquire a 2<sup>nd</sup> language may be more limited than previously believed.

Their study involves five different age groups: 3-5 years, 6-7 years, 8-10 years, 12-15 years, and adults. It underscores longitudinal tracking, observing how learners across different age groups acquire the Dutch language naturally through everyday interaction, rather than formal classroom instruction. By comparing the performance of the different age groups in varied linguistic tasks, the researchers provide a detailed view of how these groups progress in 2<sup>nd</sup> language learning over time. Their findings propose that age is not the only determinant of success in language acquisition, as older participants in their study, particularly those between 12-15 years old, can achieve significant proficiency in multiple language aspects, including those that were typically associated with younger learners, such as vocabulary comprehension and fluency.

#### 4.3 Language Components Examined (Pronunciation, Grammar, Fluency)

### 4.3.1 Steinberg's Research

His research focuses mainly on several key components of language acquisition, including vocabulary, pronunciation, fluency, and grammar. Steinberg highlights the distinct strengths of both children and adults in such areas, stressing that while adults seem to excel at analyzing grammatical structures, children show outstanding proficiency in vocabulary acquisition, due to their larger memory skills. He notes that younger learners have an advantage in attaining proficiency in pronunciation. They benefit from their flexible motor skills and developing articulation abilities, which allow them to mimic sounds and produce language accurately and more easily. Steinberg argues that children under twelve typically achieve better pronunciation than adults, as they are more skilful at picking up new phonetic components in a language.

However, Steinberg also points out that this advantage in pronunciation reduces when it comes to more complex linguistic elements such as grammar and fluency. In structured classroom settings, adults often perform better because they can use their analytical skills to comprehend and apply grammatical rules. This indicates that while children may be superior in certain areas of language learning, adults bring different strengths to the table that can lead to success in mastering the complexities of a second language. Ultimately, Steinberg's research underscores the slight relationship between age and cognitive abilities in language acquisition, highlighting that both children and adults can excel in different components of language learning, depending on the context and complexity of the language elements involved.

#### 4.3.2 Snow & Hoefnagel-Höhle's Research

Snow and Hoefnagel-Höhle's study offers more detailed experimental evidence regarding the differences in language acquisition across different age groups. Their findings reveal that younger children, particularly those aged 3-5, struggle with key components such as fluency, morphology, and syntax. In contrast, older learners aged 12-15 demonstrate nearnative control of these linguistic elements after just one year of exposure to the second language. This suggests that while younger children may initially excel in naturalistic environments, older learners are capable of catching up or even surpassing them in the long run, especially when they receive suitable formal instruction. This challenges the concept that younger learners are always superior in language acquisition.

Their study evaluates several important components of language ability, including pronunciation, morphology, syntax, and vocabulary comprehension. Additionally, it examines various tasks such as sentence repetition, translation, and storytelling, effectively measuring the learners' fluency and grammatical understanding. By encompassing a range of linguistic skills, Snow and Hoefnagel-Höhle's research highlights the complexities of language learning and the capacity of older learners to achieve proficiency in multiple areas. Their findings highlight that older learners excel in language acquisition, suggesting that age-related advantages are more dependent on context than previously thought.

#### 4.4 Cognitive and Environmental Factors Considered:

### 4.4.1 Steinberg's Research

Steinberg examines various internal psychological factors that influence second language acquisition, including memory, intellectual capacity, and motor skills. He also highlights the significance of external social factors by categorizing learners into those who acquire languages through natural or informal settings and those who learn in classroom-based settings. In his analysis, he emphasizes the critical role of motivation and internal attitudes toward language learning, noting that these elements can significantly impact a learner's success. Steinberg emphasizes learners' cognitive abilities, suggesting that younger students benefit from improved memory retention, which aids in vocabulary acquisition. This advantage allows them to absorb new words and phrases more readily than adults, who may face challenges due to age-related declines in memory.

However, Steinberg also contends that adults possess more sophisticated cognitive strategies that can enhance their language learning experience, particularly in mastering grammar and syntactic structures. He differentiates between natural or social acquisition, characterized by informal environments, and formal, structured classroom learning. This distinction is significant because it suggests that age influences language acquisition success differently based on the context. While younger learners may succeed in informal settings where they can practice language naturally, adults might perform better in

structured learning settings where they can benefit from their cognitive abilities and analytical skills to overcome age-related challenges in language acquisition. Steinberg's analysis highlights the complexity of language learning, noting that success is influenced by both internal and external factors, as well as the learner's age and environment.

### 4.4.2 Snow & Hoefnagel-Höhle's Research

Snow and Hoefnagel-Höhle primarily challenge the validity of the Critical Period Hypothesis (CPH) by demonstrating that older children, specifically those aged 12 to 15, perform better in most linguistic tasks than younger learners. Their research highlights the significant influence of environmental factors, particularly the amount of exposure to the Dutch language, which varied between children attending school and adults engaging in social interactions. By examining these learners in a naturalistic setting, where second language acquisition occurs through social interaction rather than formal instruction, the researchers provide valuable insights into the dynamics of language learning. Their findings indicate that consistent exposure to the target language plays a central role in language acquisition, suggesting that older learners benefit from their social contexts, where they are likely to interact more meaningfully with the language.

Their study emphasizes that social interaction is vital, as both older children and adults demonstrate faster improvement in their language skills, even with limited formal instruction. This supports Steinberg's claim that motivation and context significantly impact language learning outcomes. In natural environments, learners are often more motivated to use the language in practical, real-world situations, which enhances their ability to grasp vocabulary and grammar. By highlighting the effectiveness of social interaction and the relevance of external factors, Snow and Hoefnagel-Höhle's research not only challenges the CPH but also aligns with the broader understanding of language acquisition as a complex interplay of motivational, cognitive, and contextual factors. This reinforces the idea that successful language learning is not only determined by age but also is significantly influenced by the richness of the learning environment.

#### 4.5 Summary of Data Analyses

**Research Design:** Steinberg utilizes a qualitative, theoretical approach, while Snow and Hoefnagel-Höhle use an experimental, data-driven approach.

**Participants:** Both studies cover a wide age range, but Snow and Hoefnagel-Höhle's study is more wide-ranging, including younger children and offering a longitudinal view.

**Language Components:** Both studies analyze pronunciation, grammar, and fluency, but Snow and Hoefnagel-Höhle also include specific tests on sentence structure, repetition, and storytelling.

**Cognitive and Environmental Factors:** Steinberg highlights the role of memory and motivation, while Snow and Hoefnagel-Höhle focus on the environmental factors and challenge the Critical Period Hypothesis with experiential data.

### 5. Conclusion

This comparative study highlights that while both Steinberg and Snow and Hoefnagel-Höhle agree on the importance of age in language acquisition, they offer different conclusions about its role and limitations.

Steinberg (1993) views age as one of many factors, emphasizing that motivation, memory, and the learning environment are just as critical. He argues that while younger learners excel in memory and pronunciation, adults can leverage their cognitive skills and motivation to overcome age-related challenges in learning a second language. His work suggests a more nuanced understanding of second language acquisition, recognizing that success is influenced by a complex interplay of factors beyond just age.

Snow and Hoefnagel-Höhle (1978) challenge the Critical Period Hypothesis, presenting empirical evidence that older children and even adults can acquire second languages as effectively, or even more so, than younger children. Their study suggests that second language acquisition is not constrained by a strict critical period and that age alone does not determine the ultimate success in learning a second language.

In conclusion, this comparative analysis underscores the complexity of second language acquisition and the limitations of relying solely on age as a determining factor. While

younger learners may have an advantage in certain aspects, such as pronunciation, older learners can excel in other areas like grammar and fluency, particularly when supported by motivation and consistent exposure to the language. Both Steinberg's theoretical insights and Snow and Hoefnagel-Höhle's empirical findings contribute to a more holistic understanding of the language acquisition process across different age groups, offering practical implications for educators and policymakers.

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